

NOVENA

TO THE

HOLY SPIRIT

LITANY OF THE HOLY SPIRIT

Lord, have mercy on us
Christ, have mercy on us
Lord, have mercy on us.

Father all-powerful, *have mercy on us*
Jesus, Eternal Son of the Father, Redeemer of the world, *save us*
Spirit of the Father and the Son, boundless life of both, *sanctify us*
Holy Trinity, *hear us*
Holy Spirit, who proceeds from the Father and the Son, *enter our hearts*
Holy Spirit, who art equal to the Father and the Son, *enter our hearts*

Promise of God the Father, **R. *Have mercy on us***
Ray of heavenly light,
Author of all good
Source of heavenly water Consuming Fire
Ardent Charity
Spiritual unction
Spirit of love and truth
Spirit of Wisdom and Understanding
Spirit of Counsel and Fortitude
Spirit of Knowledge and Piety
Spirit of the Fear of the Lord
Spirit of Grace and Prayer
Spirit of peace and meekness
Spirit of modesty and innocence
Holy Spirit the Comforter
Holy Spirit the Sanctifier
Holy Spirit who governs the Church
Gift of God, the Most High
Spirit who fills the universe
Spirit of the adoption of the children of God

Holy Spirit, *inspire us with horror of sin*
Holy Spirit, *come and renew the face of the earth*
Holy Spirit, *shed Thy light in our souls*
Holy Spirit, *engrave Thy law in our hearts*
Holy Spirit, *in flame us with the flame of Thy love*
Holy Spirit, *open to us the treasures of Thy graces*

Holy Spirit, *teach us to pray well*
Holy Spirit, *enlighten us with Thy heavenly inspirations*
Holy Spirit, *lead us in the way of salvation*
Holy Spirit, *grant us the only necessary knowledge*
Holy Spirit, *inspire in us the practice of good*
Holy Spirit, *grant us the merits of all virtues*
Holy Spirit, *make us persevere in justice*
Holy Spirit, *be Thou our everlasting reward.*

Lamb of God who takes away the sins of the world,
Send us Thy Holy Spirit

Lamb of God who takes away the sins of the world
Pour down into our souls the gifts of the Holy Spirit

Lamb of God who takes away the sins of the world
Grant us the Spirit of Wisdom and Piety

Come, Holy Spirit, fill the hearts of Thy faithful
And kindle in them the fire of Thy love.

Let us pray: Grant, O merciful Father, that Thy Divine Spirit may enlighten, inflame and purify us, that He may penetrate us with His heavenly dew and make us fruitful in good works, through our Lord Jesus Christ, Thy Son, who with Thee, in the unity of the same Spirit, live and reign, one God, forever and ever. *Amen*

ACT OF CONSECRATION TO THE HOLY SPIRIT

(to be recited daily during the Novena)

On my knees / before the great multitude of heavenly witnesses / I offer myself, soul and body / to You, Eternal Spirit of God. / I adore the brightness of Your purity / the unerring keenness of Your justice / and the might of Your Love. / you are the Strength / and light of my soul. / in You I live and move and am. / I desire never to grieve You / by unfaithfulness to grace / and I pray with all my heart / to be kept from the smallest sin against You. / Mercifully guard my every thought / and grant that I may always watch for Your light / and listen to Your voice / and follow Your gracious inspirations. / I cling to You / and give myself to You / and ask You / by Your compassion / to watch over me in my weakness. / Holding the pierced Feet of Jesus / and looking at His Five Wounds / and trusting in His Precious Blood / and adoring His opened Side and stricken Heart / I implore You / Adorable Spirit / Helper of my infirmity / so to keep me in Your grace / that I may never sin against You. / Give me grace / O Holy Spirit / Spirit of the Father and the Son / to say to You always and everywhere / Speak Lord / for Your servant heareth. *Amen.*

PRAYER FOR THE SEVEN GIFTS OF THE HOLY SPIRIT

(to be recited daily during the Novena)

O Lord Jesus Christ / Who, before ascending into heaven / did promise to send the Holy Spirit / to finish Your work / in the souls of Your Apostles and Disciples / deign to grant the same Holy Spirit to me / that He may perfect in my soul / the work of Your grace and Your love. / Grant me the Spirit of Wisdom / that I may despise the perishable things of this world / and aspire only after the things / that are eternal / the Spirit of Understanding / to enlighten my mind / with the light of Your divine truth / the Spirit of Counsel / that I may ever choose the surest way of pleasing God / and gaining heaven / the Spirit of Fortitude / that I may bear my cross with You / and that I may overcome with courage / all the obstacles that oppose my salvation / the Spirit of Knowledge / that I may know God and know myself / and grow perfect in the science of the Saints / the Spirit of Piety / that I may find service of God sweet and amiable / and the Spirit of Fear / that I may be filled with a loving reverence towards God and may dread in any way to displease Him. / Mark me, dear Lord / with the sign of Your true disciples / and animate me in all things with Your Spirit. / Amen.

(The Novena begins on the day after the Solemnity of the Ascension, Friday of the 6th week of Easter, even if the Solemnity of the Ascension is transferred to the 7th Sunday.)

FIRST DAY – Holy Spirit, Lord of Light, from Your clear celestial height, Your pure beaming radiance give.

The Holy Spirit

Only one thing is important – eternal salvation. Only one thing, therefore, is to be feared – sin. Sin is the result of ignorance, weakness and indifference. The Holy Spirit is the Spirit of Light, of Strength and of Love. With His sevenfold gifts He enlightens the mind, strengthens the will and inflames the heart with love of God. To ensure our salvation we ought to invoke the Divine Spirit daily, for “The Spirit helpeth our infirmity. We know not what we should pray for as we ought. But the Spirit Himself asketh for us.”

Prayer. Almighty and eternal God, who hast vouchsafed to regenerate us by water and the Holy Spirit, and hast given us forgiveness of all sins, vouchsafe to send forth from heaven upon us your sevenfold Spirit, the Spirit of Wisdom and Understanding, the Spirit of Counsel and Fortitude, the Spirit of Knowledge and Piety and fill us with the Spirit of Holy Fear. Amen.

Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES.
Act of Consecration, Prayer for the Seven Gifts.

SECOND DAY – Come, Father of the poor. Come, treasures which endure; come, Light of all that live.

The Gift of Fear

The Gift of Fear fills us with a sovereign respect for God and makes us dread nothing so much as to offend Him by sin. It is a fear that arises, not from the thought of hell, but from sentiments of reverence and filial submission to our heavenly Father. It is the fear that is the beginning of wisdom, detaching us from worldly pleasures that could in any way separate us from God. “They that fear the Lord will prepare their hearts and in His sight will sanctify their souls.”

Prayer. Come, O Blessed Spirit of Holy Fear, penetrate my inmost heart, that I may set you, my Lord and God, before my face forever, help me to shun all things that can offend You and make me worthy to appear before the pure eyes of Your Divine Majesty in heaven, where You live and reign in the unity of the ever Blessed Trinity, God world without end. Amen.

Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES.
Act of Consecration, Prayer for the Seven Gifts.

THIRD DAY – Thou, of all consolers best, visiting the troubled breast, dost refreshing peace bestow.

The Gift of Piety

The Gift of Piety begets in our hearts a filial affection for God as our most loving Father. It inspires us to love and respect for His sake persons and things consecrated to Him, as well as those who are vested with His authority, His Blessed Mother and the Saints, the Church and its visible Head, our parents and superiors, our country and its rulers. He who is filled with the gift of Piety finds the practice of his religion, not a burdensome duty, but a delightful service. Where there is love, there is no labour.

Prayer. Come, O Blessed Spirit of Piety, possess my heart. Enkindle therein such a love for God that I may find satisfaction only in His service, and for His sake lovingly submit to all legitimate authority. Amen.

Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES.
Act of Consecration, Prayer for the Seven Gifts.

FOURTH DAY – Thou in toil art comfort sweet, Pleasant coolness in the heat, solace in the midst of woe.

The gift of Fortitude

By the gift of Fortitude the soul is strengthened against natural fear and supported to the end in the performance of duty. Fortitude imparts to the will an impulse and energy which move it to undertake without hesitancy the most arduous tasks, to face dangers, to trample under foot human respect and to endure without complaint the slow martyrdom of even lifelong tribulation. “He that shall persevere unto the end, he shall be saved.”

Prayer. Come, O Blessed Spirit of Fortitude, uphold my soul in time of trouble and adversity, sustain my efforts after holiness, strengthen my weakness, give me courage against all the assaults of my enemies, that I may never be overcome and separated from Thee, my God and greatest Good. Amen.

Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES.
Act of Consecration, Prayer for the Seven Gifts.

FIFTH DAY – Light immortal! Light Divine! Visit Thou these hearts of Thine, And our innermost being fill.

The Gift of Knowledge

The Gift of Knowledge enables the soul to evaluate created things at their true worth – in their relation to God. Knowledge unmask the pretence of creatures, reveals their emptiness and points out their only true purpose as instruments in the service of God. It shows us the loving care of God even in adversity and directs us to glorify Him in every circumstance of life. Guided by its light, we put first things first and prize the friendship of God beyond all else. “Knowledge is a fountain of life to him that possessed it.”

Prayer: Come, O Blessed Spirit of Knowledge and grant that I may perceive the Will of the Father, show me the nothingness of earthly things, that I may realize their vanity and use them only for Thy glory and my own salvation, looking ever beyond them to Thee and Thy eternal rewards. Amen.

Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES.
Act of Consecration, Prayer for the Seven Gifts.

SIXTH DAY – If Thou take Thy Grace away, nothing pure in man will stay, All his good is turned to ill.

The Gift of Understanding

Understanding, as a gift of the Holy Spirit, helps us to grasp the meaning of the truths of our holy religion. By Faith we know them but by Understanding we learn to appreciate and relish them. It enables us to penetrate the inner meaning of revealed truths and through them to be quickened to newness of life. Our faith ceases to be sterile and inactive but inspires a mode of life that bears eloquent testimony to the faith that is in us; we begin to “walk worthy of God in all things pleasing and increasing in the knowledge of God.”

Prayer. Come, O Spirit of Understanding and enlighten our minds that we may know and believe all the mysteries of salvation and may merit at last to see the eternal light in Thy Light and in the light of glory to have a clear vision of Thee and the Father and the Son. Amen.

Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES.
Act of Consecration, Prayer for the Seven Gifts.

SEVENTH DAY - Heal our wounds – our strength renew; On our dryness pour Thy dew, Wash the stains of guilt away.

The Gift of Counsel

The Gift of Counsel endows the soul with supernatural prudence, enabling it to judge promptly and rightly what must be done, especially in difficult circumstances. Counsel applies the principles furnished by Knowledge and Understanding to the innumerable concrete cases that confront us in the course of our daily duty as parents, teachers, public servants and Christian citizens. Counsel is supernatural common sense, a priceless treasure in the quest of salvation. “Above all these things, pray to the Most High, that He may direct thy way in truth.”

Prayer. Come, O Spirit of Counsel, help and guide me in all my ways, that I may always do Thy holy Will. Incline my heart to that which is good; turn it away from all that is evil and direct me by the straight path of Thy commandments to that goal of eternal life for which I long. Amen

Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES.
Act of Consecration, Prayer for the Seven Gifts.

EIGHTH DAY – Bend the stubborn heart and will, melt the frozen, warm the chill. Guide the steps that go astray.

The Gift of Wisdom

Embodying all the other gifts, as charity embraces all the other virtues. Wisdom is the most perfect of the Gifts. Of Wisdom it is written “all good things came to me with her and innumerable riches through her hands.” It is the gift of Wisdom that strengthens our faith, fortifies hope, perfects charity and promotes the practice of virtue in the highest degree. Wisdom enlightens the mind to discern and relish things divine, in the appreciation of which earthly joys lose their savour, while the Cross of Christ yields a divine sweetness according to the Word of the Saviour: “Take up Thy cross and follow me, for my yoke is sweet and my burden is light.”

Prayer. Come, O Spirit of Wisdom and reveal to my soul the mysteries of heavenly things, their exceeding greatness, power and beauty. Teach me to love them above and beyond all the passing joys and satisfaction of earth. Help me to attain them and possess them for ever. Amen.

Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES.
Act of Consecration, Prayer for the Seven Gifts.

NINTH DAY – Thou, on those who evermore Thee confess and Thee Adore, in Thy sevenfold gift, Descend; Give Them Comfort when they die; Give them Life with Thee on high; Give them joys which never end. Amen.

The fruits of the Holy Spirit

The Gifts of the Holy Spirit perfects the supernatural virtues by enabling us to practice them with greater docility to divine inspiration. As we grow in the knowledge and love of God, under the direction of the Holy Spirit, our service becomes more sincere and generous, the practice of virtue more perfect. Such acts of virtue leave the heart filled with joy and consolation and are known as Fruits of the Holy Spirit. These Fruits in turn render the practice of virtue more attractive and become a powerful incentive for still greater efforts in the service of God, to serve Whom is to reign.

Prayer. Come, O Divine Spirit, fill my heart with Thy heavenly Fruits, Thy Charity, Joy, Peace, Patience, Benignity, Goodness, Faith, Mildness and Temperance that I may never weary in the service of God but by continued faithful submission to Thy inspiration may merit to be united eternally with Thee in the love of the Father and the Son. Amen.

Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES.
Act of Consecration, Prayer for the Seven Gifts.