

Intimacy with God

“Be still and know that I am God”
Psalm 46:10



*Prayer is about
God
and our relationship to
God*

RULE #8

As Jesus was the true worshipper of the Father, so let prayer and contemplation be the soul of all they are and do. Let them participate in the sacramental life of the Church, above all the Eucharist. Let them join in liturgical prayer in one of the forms proposed by the Church, reliving the mysteries of the life of Christ.



The Franciscan Path of Prayer

... is a particular way of experiencing God and growth in prayer is the measure of our journey to God.



The Journey to God

.... is not linear, but a journey inwards where God takes on flesh 'anew' in one's life.



Franciscans pray to disclose the image of God
... in which we are created in who lies the seed of our
identity.



St. Francis' Journey to God

... was attaining the height of contemplation through a penetrating vision of creation.




St. Clare of Assisi

“I come, O Lord, unto Thy sanctuary to see the life and food of my soul. As I hope in Thee, O Lord, inspire me with that confidence which brings me to Thy holy mountain. Permit me, Divine Jesus, to come closer to Thee, that my whole soul may do homage to the greatness of Thy majesty; that my heart, with its tenderest affections, may acknowledge Thine infinite love; that my memory may dwell on the admirable mysteries here renewed every day, and that the sacrifice of my whole being may accompany Thine.”



St. Clare of Assisi

Go calmly in peace, for you will have a good escort, because He who created you has sent you the Holy Spirit and has always guarded you as a mother does her child who loves her.”



“Place your mind before the mirror of eternity! Place your soul in the brilliance of glory! And transform your entire being into the image of the Godhead Itself through contemplation.” - St. Clare of Assisi



Use a Gospel Story to describe my relationship with the Lord

John 5:1-16



Prayer...

The fruit of **Silence** is prayer. The fruit of **Prayer** is faith.
The fruit of **Faith** is love. The fruit of **Love** is service. The
fruit of **Service** is PEACE.

-Mother Teresa



The end